2024 BCCFA 5V5 rule Changes

Add Rule 1 1.7 - Forward passes and hand offs are allowed behind the line of scrimmage. The offense may elect to throw a legal forward pass after handoff has taken place

ADD rule 2 4.11- Play cards, playbooks, play sheets may be used if they are safely secured during play. Play sheets may not be placed on the ground where a runner could step on them.

Add rule 2 5.2- Pop flag belts will be permitted starting 2025.

Amend rule 4 3.1 The clock runs continually.

To- The clock runs continually. There are no time outs. Only referees can call a time out due to safety concerns during play

Amend rule 5 2.7- "No-running zones," are located five (5) yards in front of each end zone. When Offense starts a play within the five yard "no running zone," the ball carrier cannot run across the line of scrimmage (must be a pass play). *** U10 – NO no-run zone

To- "No-running zones," are located five (5) yards in front of each end zone. When Offense starts a play within the five yard "no running zone," the No Run Zone rule applies for the remainder of the possession or until a touch down is scored the ball carrier cannot run across the line of scrimmage (must be a pass play). *** U10 and U8– NO no-run zone.

Add rule 5 2.9 Once the ball carrier has made a legal forward pass the ball cannot be handed off, lateraled, pitched or passed in any way.

Amend rule 5 2.10- Once the ball carrier has crossed the line of scrimmage the ball cannot be handed off, tossed, pitched or passed forward in any way.

To- Prior to a forward pass an offense may use multiple handoffs or lateral passes behind the line of scrimmage.

Amend rule 5 2.11- Forward pass – Ball must be on or thrown from behind the line of scrimmage to be legal.

To- Legal Forward pass – is when a pass is aimed towards the opponent's end zone

Add rule 5 2.12- A lateral or backwards pass is when the pass is aimed in any direction other than towards the opponent's end zone

Amend Rule 5 3.2 The ball is considered to be in the end zone when at least one hip of the ball carrier is on or over the ground in the end zone, or when it crosses the extended plane of the goal line.

To- The ball is considered to be in the end zone when any part of the ball touches the plane of the goal line.

Amend Rule 11 1.4 Player out of bounds – if a player goes out of bounds, without interference, the player may not return to the field or catch the ball.

To- Player out of bounds – A player who goes out of bounds shall not participate in that play unless that player went out of bounds as a result of a slippery field, missed flag pull or contact with opponent.

Amend Rule 14 4.1- A forward pass is a ball deliberately thrown by an offensive player towards the opponent's goal line. The first pass thrown by the offense during a play will be considered a forward pass

To- A forward pass is a ball deliberately thrown by an offensive player towards the opponent's end zone. The first forward pass thrown by the offense during a play will be considered a legal forward pass.

Amend Rule 21 2.8- Illegal flag pull – 5 yards and automatic first down. (before receiver has ball)

To- Illegal flag pull – 5 yards and automatic first down. From spot of catch if caught, LOS if dropped

Add Rule 21 2.9- Roughing the Passer- any contact with the passers arm head or neck area while throwing the ball- 10-yards

Amend Rule 23 1.1- Once in the No Run Zone you can't run until you get a first down outside the No Run Zone or score a touchdown.

To- Once in the No Run Zone no run zone rules apply for the remainder of the possession or a touchdown is scored.